

B. A. - I

PSYCHOLOGY

Paper	Name of the Paper	Max. Marks	Duration
I	Basic Psychological Processes	50	3 hrs.
II.	Psychopathology	50	3 hrs.
III.	Practicum	50	4 Hrs.

PAPER - I

BASIC PSYCHOLOGICAL PROCESSES (Paper Code-0119)

M.M.:50

Note: This paper consists of five units. From each unit a minimum of two questions would be set and the candidates would be required to attempt one from the each unit.

UNIT-1 Introduction: Definition and Goals of psychology; Behaviouristic, Cognitive and Humanistic; Cross-cultural Perspective; Methods: Experimental, Observational, Interview, Questionnaire, and Case study.

UNIT-2 Biological bases of behaviour: Genes and Behaviour, The Nervous System: The Central Nervous System (C.N.S.), The Autonomic Nervous System (A.N.S.) and The Peripheral Nervous System (P.N.S.); Glands and Hormones; Emotions- Types and Bodily changes (internal and external).

UNIT-3 Sensory Perceptual Processes: Nature and Types of Sensation, Perception and Attention: Process, Definition, Types and Determinants; Principles of Perceptual Organization; Illusion: Nature and Types.

UNIT-4 Learning and Memory: Classical and Operant Conditioning- Basic Processes; Verbal and Observational Learning; Memory: Sensory (S.M.), Short-term (S.T.M.) and Long-term (L.T.M.); Forgetting: Process and Theories.

UNIT-5 Cognitive and Non-cognitive processes: Intelligence: Nature and Types; Motivation: Biogenic and Sociogenic Motives; Thinking process: Nature and Types. Personality: Nature and Determinants; Approaches to study personality: Trait and Type approaches; Assessment of Personality.

Reference:

1. सिंह, अरुण कुमार। सामान्य मनोविज्ञान। बनारसीदास प्रकाशन।
2. वर्मा, श्रीति। आधुनिक सामान्य मनोविज्ञान।
3. Baron, R.A. & Byrne, D.A. Understanding Behavior. Tokyo: Holt Sounders.
4. Zimbardo, P.G. Psychology. New York: Harper Collings College publishers.
5. Lefton, L. A. (1985). Psychology. Bosten-Allyn publishers.
6. Walsert, A.L. (1997).

B. A. - I
PSYCHOLOGY
PAPER- II
PSYCHOPATHOLOGY (Paper Code-0120)

MM.:50

Note: This paper consists of five units. From each unit a minimum of two questions would be set and the candidates would be required to attempt one from the each unit.

UNIT-1 Introduction: The concept of Normality and Abnormality; Models of Psychopathology: Psychodynamic, Behavioral and Cognitive.

UNIT-2 Assessment of Psychopathology: Diagnostic Tests, Rating Scales, Clinical Interview, and Projective Tests.

UNIT-3 Anxiety Disorders: Panic Disorder, Phobias, Obsessive Compulsive Disorder (OCD), and Generalized Anxiety Disorder (GAD).

UNIT-4 Mood Disorders: Manic-Depressive Episode and Dysthymia; Personality Disorders: Paranoid, Schizoid, and Dependent Personality Disorder, Dissociative disorder and Obesity.

UNIT-5 Management of Psychopathology: Stress Management; Medico and Psychosocial Therapy: Shock therapy, Psychoanalysis, Group therapy and Behavior therapy.

Reference:

1. Lamm, A. (1997). Introduction to psychopathology. NY: Sage.
2. Buss, A. H. (1999). Psychopathology. NY: John Wiley.
3. सिंह तथा तिवारी। असामान्य मनोविज्ञान। आगरा: विनोद पुस्तक भण्डार।
4. कपिल, एच. के। असामान्य मनोविज्ञान। आगरा: हय्युसाद भार्गव।

B. A. -I

PSYCHOLOGY

PAPER- III

PRACTICUM

M.M.:50

Note: This paper consists of two parts:

Part-A

- (a) Comprises of laboratory experiments.
- (b) Comprises of psychological testing and understanding of self and others.
 - (a) **Experiments-** (Any five of the following) :-
 - (i) Effect of Set on Perception
 - (ii) Effect of Frustration on Performance.
 - (iii) Division of Attention.
 - (iv) Learning Curve/ Serial Position Curve.
 - (v) Retroactive Inhibition.
 - (vi) S. T. M.
 - (vii) Concept Formation.
 - (viii) Judgement of Emotions through facial expressions.
 - (ix) Personality Test

- (b) **Psychological Tests** (Any four of the following)
 - (i) Verbal/ Nonverbal Intelligence Test/ Performance Tests.
 - (ii) E.P.I./ Personality
 - (iii) Anxiety test.
 - (iv) Depression Scale
 - (v) Adjustment inventory.
 - (vi) Achievement motivation.
 - (vii) Stress tolerance test.

Part-B

Anecdotal Record: Each student will be required to observe the behaviour of pupil in different setting and select an anecdote to understand, judge and narrate it as objectively as possible, so as to reveal his/her psychological insight existing in that anecdotal behavior. This record constitutes a part of psychological assessment of the students. Introduction to the measures of central tendency and graphical presentation of the ungrouped data.

Distribution of Marks

A.	Conduction of psychological experiment and reporting	-	15 Marks
B.	Administration of one psychological test and reporting	-	15 Marks
C.	Evaluation of Practical notebook and Anecdotal record	-	10 Marks
D.	Viva-voce	-	10 Marks

Note : No candidate will be allowed to appear in the practical examination unless his/her day-to-day practical work and the report are found satisfactory.

Reference: Choubey, A. (2015). Psycho-lab- Experiment and Test. Raipur: Vaibhav Prakashan.